



A-16 Governor's Newsletter

November 2009



Published by Lion Don McGovern, Ajax Lions Club. Please send articles to a16news@hotmail.com

We just had our November Cabinet meeting and the reporting Zone, Region and Cabinet Chairs was very positive. Some problems were noted but they are being addressed.

Our A16 Convention runs from Friday April 30th to Sunday May 2nd. Golf and a parade have been added this year. Register now to ensure your accommodations.

Candidates are needed for Zone, Region and 2nd VDG positions. You need to have been or are currently a president in a Lions Club in good standing to be a candidate. Nomination papers must be received by March 30th to qualify.

Note to persons wishing to speak at the November round of Joint Zone meetings that there are two meetings on Tuesday November 24th: Region 18 and Region 45.

I have just received more detailed information on the "Lions Global Youth Music Competition". Please contact me if you would like it.

We have completed 4 months of our Lions year and well into working on the goal set in the first part of the year. The District is making good headway in accomplishing the goals that I set for the year. We have registered one new Leo Club. Our mall display is almost ready. A new club is very close to a reality as I write this. I have a goal of plus 50 members for the year. That number will not be known until the end of the year. If we end the year as a plus, it will be the fourth year in a row and very few Districts can make that claim.

Yours in Lionism
Governor Barry Tate

CAMP HURONDA

Camp Huronda is a camp, owned by the Canadian Diabetes Association and supported by the Lions. It is a residential camp for children with Type I diabetes, located near Huntsville, Ontario.

They have notified us that their 2010 Lions Appreciation Day for this year will now be Saturday, July 24th.

The camp has several major repairs that need to be done before the 2010 camping season and they also have a wish list that is too long to print here.

If any club is interested in this information, please get in touch with Susan Tate, District Diabetes Awareness Chair at: susan.tate@i-zoom.net or at 705-887-5220

Diabetes Awareness

Type II diabetes is particularly prevalent in our society and can wreak much damage in health and well-being. These are some of the things that are good to know.

There are many risk factors for Type II diabetes. They include:

- obesity and overweight
- lack of exercise
- previously identified glucose intolerance
- unhealthy diet
- increased age
- high blood pressure and high cholesterol
- a family history of diabetes
- a history of gestational diabetes

If you think you are at risk of Type II diabetes, get tested.

Warning signs of diabetes include:

- frequent urination
- excessive thirst
- increased hunger
- weight loss
- tiredness
- lack of interest and concentration

- vomiting and stomach pain (often mistaken as the flu)
- a tingling sensation or numbness in the hands or feet
- blurred vision
- frequent infections
- slow-healing wounds

If you show any of these signs, seek medical attention!

Susan Tate,
Diabetes Awareness Chair

Oshawa Airport Lions Club



During ZC Lyle Hargrove's Official Visit to the Oshawa Airport Lions Club he inducted their first new member. From left to right are Lion ZC Lyle Hargrove, Lion Phil Dobbs (newly inducted) Lion President Bruce Fowler & Lion Secretary Susan Fowler.

Just remember that today is the tomorrow you were worried about yesterday.

No one is truly blind, for they can still think and learn, but if one refuses to think and learn they are blinded by their ignorance.
Amanda Pugh

Lions Clubs International Foundation Grants



Continuing on from the September report where we discussed the foundation and its philanthropic objectives and the grants made over the last 41 years we now will discuss the type of grants made available through LCIF.

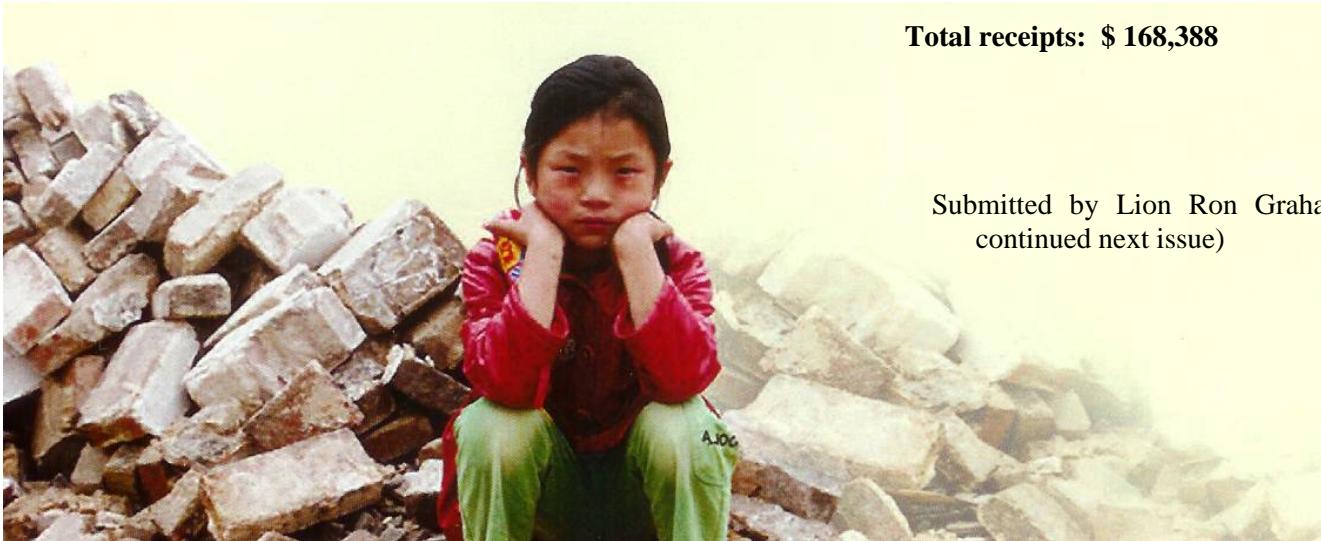
Types of Grants:

- STANDARD (Humanitarian projects) matching funding up to US\$75,000.
- CORE 4 GRANT (Large scale projects) up to US\$200,000.
- EMERGENCY grants provide up to US\$10,000 for districts impacted by a natural disaster and has affected at least 100 people. This is for food, water, clothing and medical supplies.
LCIF typically awards more than US\$2,000,000 per year.
- MAJOR CATASTROPHES- **only grant that cannot be applied for by a district.** LCIF committee directs this grant i.e.: Tsunami in South Asia, Hurricane Katrina and the China earthquake. It is to be noted these are long term projects and funding is in \$50,000 increments.
- International Assistance Grant (IAG) support for Lions crossing borders for humanitarian service. Grants provide matching funds from US\$5000 to \$30,000.
 - Basic health care, education and literacy, clean water and sanitation.
 - Services for the blind and other disabilities.

District A-16 donations and receipts from 1973

<u>Donations:</u> \$492,000	<u>Receipts:</u>	1990 – Construction at Camp Kirk	\$ 50,000
		1995 – Purchase DNA Sequential Analyzer	\$ 27,952
		2001 – Upgrade to Lions Camp Kirk	\$ 29,190
		2001 – Lions Habitat for Humanity – Newmarket	\$ 29,542
		2008 – Ross Memorial Hospital Dialysis Equipt.	\$ 31,704

Total receipts: \$ 168,388



Submitted by Lion Ron Graham (to be continued next issue)

Lions In Sight

Lions are known for their SightFirst activities.
But they are not IN SIGHT of the general public.



During the last two weeks of January 2010, all clubs/sub districts/multiple districts are requested to organize one significant public relations activity.

You are encouraged to be creative.
For example, a sub district or multiple district can have their own theme.

Showcase your favorite service program, or unique project in your community.

You may use the district public relations matching grant to help fund this program.

Invite the general public. Provide "giveaway" items. Call attention to your project by using special signage and banners. Anything that makes people ask "Who are the Lions?"

For sample press releases and activity guides, visit www.lionsclubs.org.

Lions — Make Yourself **VISIBLE**,
while making a difference in your
COMMUNITY!





Sunderland Lions Club
 Proudly Hosts
34th Annual District A-16 Convention
 April 30, May 1 & May 2, 2010
 Pinestone Resort & Convention Centre
Registration Form



(Person # 1) <input type="checkbox"/> Lion <input type="checkbox"/> Lioness <input type="checkbox"/> Leo <input type="checkbox"/> Other	<i>Please indicate # of tickets desired in the brackets provided</i>	
First Convention Yes ___ No ___	Registration & Function Fees Section A	
Name	Registration Fee \$ 25.00 each	() \$ _____
Street		
City	Warm up Activities	No Charge
Postal Code	Meals	
Home Telephone	Lions Breakfast \$ 15.00	() \$ _____
Home Club	Lioness Breakfast \$ 15.00	() \$ _____
E-Mail address	Governor's Banquet \$ 40.00	() \$ _____
(Person # 2) <input type="checkbox"/> Lion <input type="checkbox"/> Lioness <input type="checkbox"/> Leo <input type="checkbox"/> Other	Sunday Brunch \$ 20.00	() \$ _____
Guest/Spouse First Convention Yes ___ No ___	Total A \$ _____	
Name		
Street	Pinestone Inn Reservation	Section B
City	Date of Arrival:	
Postal Code	Number of Nights	
Home Telephone	Non Smoking Room Yes or No	
Home Club	Handicap Room Yes or No	
E-Mail address	Hospitality Room Yes or No	
Convention Committee Use Only	1st Night Deposit \$ 118.00	\$ _____
Date Received	Total B \$ _____	
Amount Received	Total Deposit Enclosed A + B \$ _____	
Registration & Meals		
Hotel Room #		
Confirmation Mailed		
Make Cheque Payable to: Sunderland Lions Club – Convention 2010 Mail to: Convention 2010, Stan. Durward, Box 38, Sunderland, ON L0C 1H0		

District Lions Clubs at Work

Gov. Barry inducting new member Lion Rex Schell into **The Coboconk & District Lions Club** on Oct. 15th/09



Lion Barry Tate inducting new member Rex Schell, sponsor Ray North, Oct. 15/09

Lion Ray North, New Member Lion Rex Schell & Lion Governor Barry Tate.



Past Pres. Lion Paul Tomlinson turned over 600 pairs of eyeglasses to Sight Chairman P.Z.C. Lion Roger Larocque of the Lindsay Lions Club, Oct. 15/09

P.Pres.Lion Paul Tomlinson of **The Coboconk & District Lions Club** presenting P.Z.C. Lion Roger Larocque with over 600 pairs of eyeglasses



Lion Gayle Munro presenting Gov. Barry Tate with a \$500. cheque to go towards his project of training guide dogs for autistic recipients. Oct. 13/09

The **Coboconk & District Lions Club** donate \$500.towards Gov. Barry's project for the training of guide dogs for autistic people.



Lions at work in the Park . Oct.8/09

The Coboconk & District Lions members volunteering their time in the Lions Park doing a few extras to keep it looking topnotch.



The Fenelon Falls & District Lions Club's Lion Jim Bellwood present the \$300.00 cheque to the Fenelon Falls Pathfinders for their assistance in Aug. of this year with the car show.

We should not be unduly discouraged nor in despair at any time when we are doing the best we can. Rather, we should be satisfied with our progress even though it may come slowly at times.

Sharon Lions Club Steaks for Sight



Sharon Lions Club prepare to Bar-B-Q for sight.

Ajax Lions Club Donates to Hospital



The Ajax Lions Club donates \$70,500.00 to the Rouge Valley Ajax Pickering Hospital in **memory of the Late Lion Terry Audet** and his **wife the late Dorothy**. This donation has purchased a High Definition Tower for the operating theatre and injection pumps to allow patients to self medicate.

MPP Joe Dixon, Operating Room Manager Lisa McVety, MP Mark Holland, Lion President Heather Chitussi, RVAP Foundation Vice President Tracy Paterson Lion Past President Bill Pinder, Rouge Valley Health System Operating Theatre Manager Linda Jussaume, Ajax Mayor Steve Parish.



The Ajax Lions Club members and guests with donation cheque.

Ontario York Region Heritage Lions Club Wii for Markham Stouffville Hospital



President Lion Alfred Hui joined by the participants and Heritage Lions presented the cheque of \$4,000 to the representative of Markham Stouffville Hospital on the day.

Upcoming Events



The Whitby Lions presents.....

Our annual New Years Dinner / Dance and Silent Auction held at the Heydenshore Pavilion at 589 Water St Whitby
Thursday, December 31st

Come join us for good food, good times with good friends!

Doors open: 6:30 pm
D.J dancing until 1:30 am
Sit down dinner served at 7:15 pm

- 5oz Prime Rib and ½ Cornish Hen dinner. Vegetables, Potatoes Torte. Trio of desserts and much more!
- Midnight snack/sweet table & coffee
- Festive decorations, New Years party favours !
- Best Disc Jockey in Durham Region!
- Silent Auction



Cost: \$130.00 per couple. **Early bird special.... pay for your tickets before December 5th, cost is only \$120.00 !! So buy early!** To order your tickets call Prem 905- 430-6349 or Christine 905-576-6060

Craft Show

Saturday November 21, 2009

9:30 am to 2 pm

Elgin Barrow Arena

43 Church Street

FREE ADMISSION

REFRESHMENTS

Come start your holiday shopping!

Brought to you by Richvale Lions & Lioness

**For more information call
Lion Nancy 905-770-1772**



A report on the Lions Foundation of Canada, Our own Canadian Foundation funded by Canadians for Canadians.

Celebrating their 25th. Anniversary. Over this time there have been over 1400 teams graduate, 565 active now and 185 waiting for various dogs.

All clubs received a Newsletter from the Foundation in September, outlining the happenings and functions at the Foundation. The General meeting on October 17th. Open house and demonstrations on October 24th. which I attended with some Lions and Lioness from my club, There were thousands of people there and Bev Berger was the welcoming chair person. We also had a meeting of all District chairs with the Canadian Chair Harvey Moore. Over the years I have been there many time but it still amazes me what these dogs can do.

We now have five programs, each costing \$20,000 to produce a team, from the puppy program to the training of the dog and the training of the dog with the recipient, (called a team.) The cost to a club or individual is much lower, Canine Vision, \$6,000. Hearing Ear \$4,000. Special Skills \$10,000. Seizure Response \$10,000. and the new one Autism Assistance, \$12,000. This is for children 4 to 12 years of age and it is Governor Barry's project this year, So let get 5 teams.

The easiest way and at little low cost to a club is to have a Walk for Guide Dog, Last year we had 8 Lions and 2 Lioness clubs participate and they raised \$27,143.69. We can do more. The Blackstock club held their annual walk in October and I have recieved their report and I thank them for it. The Oshawa West club is working with a Pub owner and are having different functions such as a golf tournament, Draws and other activities to purchase a dog. I attended one of these as did Governor Barry, a great day.

The National Walk day is May 30th. 2010 so lots of time for clubs to plan and get sponsors. The Foundation and Purina will provide clubs with information and supplies, Also publicity in their area.

I shall be sending letters to all Lions and Lioness clubs in the District with a brochure with information on both the Foundation and a walk.

I would ask that any club or individual making or who have made a donation to please keep me informed so I may give credit where credit is do.

I am available to speak with any group on this great program.

Respectfully Submitted

Lion Clare Greenfield PDG